

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AC - Activity Center AA - Anderson Auditorium BUS ONLY - BUS TRANSPORTATION ONLY	CGR - Card & Game Room COD - College of DuPage CAS - Creative Art Studio ER - Exercise Room	GR - Garden Room MPR - Multipurpose Room PL - Pool SCR - Small Conference Room	WBAC - Westbridge Activity Room WCOL - Wheaton College ZOOM - Zoom	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (AUDITORIUM) 1:00 PM HAND & FOOT CARD GAME (CGR) 1:00 PM MAHJONG THURSDAYS (Card Game Room) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM SCRABBLE 2.0 (CGR) 3:00 PM QUIDDLER (CGR) 4:45 PM Sit & Fit (MPR) 5:15 PM ROOTS & WINE FARM DINNER (HERITAGE PRAIRIE FARM)	10:00 AM Shape Up (MPR) 11:00 AM QUIDDLER (CGR) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (CGR) 4:00 PM WYNDEBAR (AA) 7:00 PM JACKPOT! (AC)	9:30 AM WYNDE COLORS (CAS) 12:30 PM HAND & FOOT CARD GAME (CGR) 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AC)
1:30 PM JEWELRY DESIGN (CAS) 4:00 PM VESPERS (AUDITORIUM)	9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM CARD MAKING CLASS (CREATIVE ARTS STUDIO) 10:30 AM WOW KICK OFF PARTY (AUDITORIUM) 11:00 AM Tai Chi with Yvonne (MPR) 12:00 PM TED Talks (AC) 1:00 PM DOMINOES (CGR) 1:00 PM HANDBELLS (AUDITORIUM) 1:00 PM POKER (CGR) 1:30 PM AGELESS GRACE EXERCISE (ER) 6:30 PM HAND & FOOT CARD GAME (CGR) 7:00 PM CANDELIGHT CONCERT (AUDITORIUM)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (MPR) 10:30 AM WYNDE SINGERS (AUDITORIUM) 11:00 AM Cardio Pulse (MPR) 11:00 AM TARGET (Shopping) 12:30 PM SCRABBLE (WRIGHT PLACE) 1:00 PM PARKINSON'S SUPPORT GROUP (WRIGHT PLACE) 1:00 PM PARTY BRIDGE (CGR) 1:00 PM Walking around Wyndemere (Meet at the Pond behind Benson Dining hall) 1:30 PM Strength and Cardio Circuit (MPR) 2:30 PM Netless Aqua Volleyball (PL) 3:00 PM Aqua Walking (PL) 3:00 PM CRIBBAGE (AC) 4:45 PM Sit & Fit (MPR) 6:30 PM DINNER WITH FRIENDS (WATERLEAF-COD) 6:30 PM RUMMIKUBE (CGR)	8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 10:00 AM WHEATON BANK & TRUST (SCR) 10:30 AM MEAN GIRLS (PARAMOUNT THEATRE) 11:00 AM HISTORY GROUP (AUDITORIUM) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM BIBLE STUDY (GR) 1:00 PM CHESS (CGR) 1:00 PM MARIANO'S 7:00 PM ROUTE 66 (ZOOM) 7:00 PM WEDNESDAY MOVIE NIGHT (AC)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (AUDITORIUM) 10:30 AM CATHOLIC COMMUNION SERVICE (WBAC) 1:00 PM HAND & FOOT CARD GAME (CGR) 1:00 PM MAHJONG THURSDAYS (Card Game Room) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM SCRABBLE 2.0 (CGR) 2:00 PM Sound Bath Meditation (Wyndemere Pool) Please register with Rachel Holik 3:00 PM QUIDDLER (CGR) 4:45 PM Sit & Fit (MPR)	8:00 AM Chair Yoga (MPR) 8:50 AM Mat Yoga (MPR) 9:30 AM GLASS PUMPKIN PATCH- MORTON ARBORETUM 10:00 AM Shape Up (MPR) 11:00 AM QUIDDLER (CGR) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (CGR) 4:00 PM WYNDEBAR (AA) 7:00 PM BINGO (AC)	9:30 AM WYNDE COLORS (CAS) 12:30 PM HAND & FOOT CARD GAME (CGR) 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AC)
1:15 PM ESO BUS TRANSPORTATION (HEMMENS CULTURAL CENTER) 1:30 PM JEWELRY DESIGN (CAS)	Indigenous Peoples' Day 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM CARD MAKING CLASS (CREATIVE ARTS STUDIO) 11:00 AM Tai Chi with Yvonne (MPR) 12:00 PM TED Talks (AC) 1:00 PM DOMINOES (CGR) 1:00 PM HANDBELLS (AUDITORIUM) 1:00 PM POKER (CGR) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM GRIEF, CARE & CONNECTION (CAS) 6:30 PM HAND & FOOT CARD GAME (CGR) 7:00 PM LIVING HISTORY: BENJAMIN FRANKLIN (ZOOM)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (MPR) 10:30 AM WYNDE SINGERS (AUDITORIUM) 11:00 AM TARGET (Shopping) 12:30 PM SCRABBLE (WRIGHT PLACE) 1:00 PM BOCCY PLAYOFF MATCHES & CELEBRATION (BOCCY COURT PLAYOFF'S 1PM & 2PM PARTY 3:30PM) 1:00 PM PARTY BRIDGE (CGR) 3:00 PM CRIBBAGE (AC) 4:45 PM Sit & Fit (MPR) 6:30 PM RUMMIKUBE (CGR) 6:45 PM ARTIST SERIES BUS TRANSPORTATION (WCOL)	8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 10:00 AM WHEATON BANK & TRUST (SCR) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM BIBLE STUDY (GR) 1:00 PM CHESS (CGR) 1:00 PM GLEN ELLYN WHEATON CONCERT (AUDITORIUM) 1:00 PM JEWEL 7:00 PM WEDNESDAY MOVIE NIGHT (AC)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (AUDITORIUM) 10:30 AM POETRY GROUP (AC) 1:00 PM HAND & FOOT CARD GAME (CGR) 1:00 PM MAHJONG THURSDAYS (Card Game Room) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM SCRABBLE 2.0 (CGR) 3:00 PM QUIDDLER (CGR) 4:45 PM Sit & Fit (MPR) 7:00 PM EXPLORING THE CONSTITUTION (ZOOM)	8:00 AM Chair Yoga (MPR) 8:50 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 11:00 AM Pool Information & Orientation Session (Creative Studio) 11:00 AM QUIDDLER (CGR) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (CGR) 4:00 PM WYNDEBAR (AA) 7:00 PM JACKPOT! (AC)	9:30 AM WYNDE COLORS (CAS) 12:30 PM HAND & FOOT CARD GAME (CGR) 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AC)
1:30 PM JEWELRY DESIGN (CAS) 4:00 PM VESPERS (AUDITORIUM)	9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM CARD MAKING CLASS (CREATIVE ARTS STUDIO) 11:00 AM Tai Chi with Yvonne (MPR) 12:00 PM TED Talks (AC) 1:00 PM DOMINOES (CGR) 1:00 PM HANDBELLS (AUDITORIUM) 1:00 PM POKER (CGR) 1:30 PM AGELESS GRACE EXERCISE (ER) 1:30 PM WYNDEMERE READS (AC) 6:30 PM HAND & FOOT CARD GAME (CGR)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (MPR) 10:30 AM WYNDE SINGERS (AUDITORIUM) 11:00 AM TARGET (Shopping) 12:30 PM SCRABBLE (WRIGHT PLACE) 1:00 PM PARKINSON'S SUPPORT GROUP (WRIGHT PLACE) 1:00 PM PARTY BRIDGE (CGR) 3:00 PM CRIBBAGE (AC) 4:45 PM Sit & Fit (MPR) 6:30 PM RUMMIKUBE (CGR) 7:00 PM PRESERVING HISTORY (ZOOM)	8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 10:00 AM WHEATON BANK & TRUST (SCR) 10:45 AM DON GIOVANNI (LYRIC OPERA) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM BIBLE STUDY (GR) 1:00 PM CHESS (CGR) 1:00 PM MARIANO'S 7:00 PM WEDNESDAY MOVIE NIGHT (AC)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (MPR) 10:30 AM CATHOLIC COMMUNION SERVICE (WBAC) 1:00 PM HAND & FOOT CARD GAME (CGR) 1:00 PM MAHJONG THURSDAYS (Card Game Room) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM SCRABBLE 2.0 (CGR) 3:00 PM QUIDDLER (CGR) 4:45 PM Sit & Fit (MPR)	8:00 AM Chair Yoga (MPR) 8:50 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 11:00 AM QUIDDLER (CGR) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (CGR) 4:00 PM WYNDEBAR (AA) 6:45 PM CSO WHEATON COLLEGE (BUS ONLY) 7:00 PM BINGO (AC)	9:30 AM WYNDE COLORS (CAS) 12:30 PM HAND & FOOT CARD GAME (CGR) 1:15 PM SATURDAY MOVIE MATINEE (AC) 6:45 PM NEW PHIL BUS TRANSPORTATION (COD) 7:00 PM SATURDAY MOVIE NIGHT (AC)
1:30 PM JEWELRY DESIGN (CAS)	9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM CARD MAKING CLASS (CREATIVE ARTS STUDIO) 11:00 AM Tai Chi with Yvonne (MPR) 12:00 PM TED Talks (AC) 1:00 PM DOMINOES (CGR) 1:00 PM HANDBELLS (AUDITORIUM) 1:00 PM POKER (CGR) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM GRIEF, CARE & CONNECTION (CAS) 6:30 PM HAND & FOOT CARD GAME (CGR)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (MPR) 10:30 AM WYNDE SINGERS (AUDITORIUM) 11:00 AM TARGET (Shopping) 12:30 PM SCRABBLE (WRIGHT PLACE) 1:00 PM PARTY BRIDGE (CGR) 1:30 PM WYNDE SPEAKS (AUDITORIUM) 3:00 PM CRIBBAGE (AC) 4:45 PM Sit & Fit (MPR) 6:30 PM RUMMIKUBE (CGR) 7:00 PM THE ENVIRONMENTAL IMPACT (ZOOM)	8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 10:00 AM WHEATON BANK & TRUST (SCR) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM BIBLE STUDY (GR) 1:00 PM CHESS (CGR) 1:00 PM JEWEL 4:00 PM TRIVIA NIGHT (AUDITORIUM) 7:00 PM ORSON WELLS (ZOOM) 7:00 PM WEDNESDAY MOVIE NIGHT (AC)	8:30 AM Rise & Shine Circuit (MPR) 9:15 AM PB & J (MPR) 1:00 PM HAND & FOOT CARD GAME (CGR) 1:00 PM MAHJONG THURSDAYS (Card Game Room) 1:30 PM AGELESS GRACE EXERCISE (ER) 2:00 PM SCRABBLE 2.0 (CGR) 3:00 PM QUIDDLER (CGR) 4:45 PM Sit & Fit (MPR)	8:00 AM Chair Yoga (MPR) 8:50 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 11:00 AM QUIDDLER (CGR) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (CGR) 4:00 PM WYNDEBAR (AA)	9:30 AM WYNDE COLORS (CAS) 12:30 PM HAND & FOOT CARD GAME (CGR) 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AC)

October 2026