

SUN	MON	TUE	WED	THUR	FRI	SAT
	30 9:00 AM Aqua Stretch (PL) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 10:00 AM Shape Up (MPR) 11:00 AM Tai Chi (MPR) 1:00 PM DOMINOES (WP) 1:30 PM TED Talks with Jen (AC)	31 LOCATION KEY AC - Activity Center AA - Anderson Auditorium BIS - Bistro				1 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AA)
	2 11:00 AM Tai Chi (MPR) 1:00 PM DOMINOES (WP) 3:00 PM GRIEF SUPPORT (AC)	3 10:30 AM WYNDE SINGERS IS OFF FOR THE HOLIDAY	4 8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 10:00 AM WHEATON BANK & TRUST (SCR) 10:45 AM LINE DANCING PRACTICE CANCELLED (CANCELLED) 11:00 AM HISTORY GROUP (AUDITORIUM) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM MARIANO'S 7:00 PM WEDNESDAY MOVIE NIGHT (AUDITORIUM)	5 8:30 AM Rise & Shine Circuit (ER) 9:15 AM PB & J (MPR) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 1:00 PM US GRANT: THE HERO OF APPOMATTOX (ZOOM) 4:00 PM TRIVIA NIGHT (AUDITORIUM) 6:15 PM SUMMER CONCERTS (MEMORIAL PARK BANDSHELL)	6 8:00 AM Chair Yoga (MPR) 9:00 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 10:45 AM Sit & Fit (MPR) 11:00 AM TARGET (Shopping) 11:30 AM Aqua Fit & Tone (PL) 1:00 PM DOMINOES (WP) 4:00 PM WYNDEBAR (AA) 7:00 PM JACKPOT! (AC)	8 8:00 AM FARMERS MARKET (WHEATON FRENCH MARKET) 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AA)
4:00 PM VESPERS (AUDITORIUM)	9 9:00 AM Aqua Stretch (PL) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 10:00 AM Shape Up (MPR) 11:00 AM Tai Chi (MPR) 11:00 AM HUNGRY HOUNDS (AUDITORIUM) 1:00 PM DOMINOES (WP) 1:30 PM TED Talks with Jen (AC)	10 8:30 AM Rise & Shine Circuit (ER) 9:00 AM Aqua Fit & Tone (PL) 9:15 AM PB & J (MPR) 10:00 AM Sit & Fit (MPR) 10:30 AM WYNDE SINGERS (AA) 11:00 AM TARGET (Shopping) 12:30 PM SCRABBLE (AC) 1:00 PM PARTY BRIDGE (CGR) 2:00 PM CAREGIVER SUPPORT GROUP (CAS) 3:00 PM CRIBBAGE (AC) 4:30 PM DASH AND DINE (AVANZARE) 6:30 PM RUMMIKUBE (CGR)	11 8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 11:15 AM BUDDY HOLLY STORY (MARRIOTT THEATRE) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM JEWEL 1:30 PM BY THE WAY, I'M JUST SAYING (AUDITORIUM) 7:00 PM WEDNESDAY MOVIE NIGHT (AUDITORIUM)	12 8:30 AM Rise & Shine Circuit (ER) 9:15 AM PB & J (MPR) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 6:00 PM CANDISE'S HAPPY HOUR (WRIGHT PLACE) 6:15 PM SUMMER CONCERTS (MEMORIAL PARK BANDSHELL)	13 8:00 AM Chair Yoga (MPR) 9:00 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 10:45 AM Sit & Fit (MPR) 11:00 AM TARGET (Shopping) 11:30 AM Aqua Fit & Tone (PL) 1:00 PM DOMINOES (WP) 4:00 PM WYNDEBAR (AA) 7:00 PM BINGO (AA)	15 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AA)
	16 9:00 AM Aqua Stretch (PL) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 10:00 AM Shape Up (MPR) 10:00 AM AGELESS GRACE EXERCISE (AUDITORIUM) 11:00 AM Tai Chi (MPR) 1:00 PM DOMINOES (WP) 1:30 PM TED Talks with Jen (AC) 1:30 PM WYNDEMERE READS (MPR) 3:00 PM GRIEF SUPPORT (AC)	17 8:30 AM Rise & Shine Circuit (ER) 9:15 AM PB & J (MPR) 10:00 AM Sit & Fit (MPR) 10:30 AM WYNDE SINGERS (AA) 11:00 AM TARGET (Shopping) 12:30 PM LINE DANCING WITH JANET (AUDITORIUM) 12:30 PM SCRABBLE (AC) 1:15 PM PARTY BRIDGE (CGR) 2:00 PM CAREGIVER SUPPORT GROUP (CAS) 3:00 PM CRIBBAGE (AC) 6:30 PM RUMMIKUBE (CGR) 6:30 PM THE GOLDEN AGE OF HOLLYWOOD (ZOOM)	18 8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 9:00 AM BAPS TOUR (SHRI SWAMINARAYAN MANDIR COMPLEX) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 10:00 AM WHEATON BANK & TRUST (SCR) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM MARIANO'S 7:00 PM THE INDIAN CASTE SYSTEM IN THE U.S. (ZOOM) 7:00 PM WEDNESDAY MOVIE NIGHT (AUDITORIUM)	19 8:30 AM Rise & Shine Circuit (ER) 9:15 AM PB & J (MPR) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 11:30 AM BBQ (BIS) 1:00 PM REMEMBERING ROUTE 66 (ZOOM) 6:15 PM SUMMER CONCERTS (MEMORIAL PARK BANDSHELL)	20 8:00 AM Chair Yoga (MPR) 9:00 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 11:00 AM Pool Information & Orientation Session (AC) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (WP) 1:00 PM RAINBOW CONE ICE CREAM SHOP 4:00 PM WYNDEBAR (AA) 7:00 PM JACKPOT! (AC)	22 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AA)
4:00 PM VESPERS (AUDITORIUM)	23 9:00 AM Aqua Stretch (PL) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 10:00 AM Shape Up (MPR) 11:00 AM Tai Chi (MPR) 1:00 PM DOMINOES (WP) 1:30 PM TED Talks with Jen (AC) 6:30 PM THE SWEETEST JOB EVER (ZOOM)	24 8:30 AM Rise & Shine Circuit (ER) 9:15 AM PB & J (MPR) 10:00 AM Sit & Fit (MPR) 10:30 AM WYNDE SINGERS (AA) 11:00 AM TARGET (Shopping) 12:30 PM SCRABBLE (AC) 1:00 PM PARTY BRIDGE (CGR) 2:00 PM CAREGIVER SUPPORT GROUP (CAS) 3:00 PM CRIBBAGE (AC) 5:00 PM THE FOUR C'S SHOW (SOUTH LAWN) 6:30 PM RUMMIKUBE (CGR) 7:00 PM LIFE ON THE MISSOURI RIVER (ZOOM)	25 8:00 AM Chair Yoga (MPR) 9:00 AM Aqua Stretch (PL) 10:00 AM Shape Up (MPR) 10:00 AM KNITTING & CROCHET GROUP (CAS) 10:00 AM THE GREAT COURSES (AC) 11:15 AM LUNCH BUNCH (ALFIE'S) 12:30 PM DUPLICATE BRIDGE (AC) 1:00 PM JEWEL 7:00 PM WEDNESDAY MOVIE NIGHT (AUDITORIUM)	26 8:30 AM Rise & Shine Circuit (ER) 9:15 AM PB & J (MPR) 9:30 AM ART CLASS WITH WATERCOLOR (CAS) 2:00 PM FRIENDSHIP GROUP (WRIGHT PLACE) 6:15 PM SUMMER CONCERTS (MEMORIAL PARK BANDSHELL)	27 8:00 AM Chair Yoga (MPR) 9:00 AM Mat Yoga (MPR) 10:00 AM Shape Up (MPR) 11:00 AM TARGET (Shopping) 1:00 PM DOMINOES (WP) 4:00 PM WYNDEBAR (AA) 7:00 PM BINGO (AA)	29 1:15 PM SATURDAY MOVIE MATINEE (AC) 7:00 PM SATURDAY MOVIE NIGHT (AA)

July 2023